

Acrylic Pour—Information Handout

Basic Idea: Mix Acrylic Paint with additives to make it more runny, create features such as cells, and create gradients and patterns. May be used on a variety of porous surfaces such as rocks and canvases.

Supplies:

Barrier Cream	Canvases
Rocks	Rubbing Alcohol
Rags	Water/Water Jug
Trays (4 Canvases)	Freezer Paper
Masking Tape	Small Trays (4 Rocks)
Dixie Cups	Towels
Large Hog Brushes	Gloves
Press n Seal	Acrylic Paints
Floetrol	100% Silicone (Treadmill Lubricant or Spray or Coconut Hair Serum)
MEDIUM garbage bags	
Paper Towels	Scrapers
Plastic Putty Knives	Markers
Bottle Caps	GAC 800
Mixing Sticks	Plastic Painting Brushes/Kebab Stirring Sticks
Straws	Level
Toothpicks	10% Floetrol Mix (1 part Floetrol: 9 parts water)
Hand Sanitizer	Disinfecting Wipes
Wet Wipes	

Canvas Prep—

1. Select Canvas and/or Rock
2. WET back of canvas with hog bristle brush to help tighten
3. CLEAN canvas with rubbing alcohol
4. PUT masking tape on top of support cups and SET canvas on cup supports making sure cups are INSIDE the edge of the canvas. SET aside to dry
5. Think about colors you want to use—Usually only 4 are needed + Black + White. Too many colors might create unappealing areas of grey.

Paint Prep—

1. Place about 1/3-1/2 ounce acrylic paint in dixie cup
2. Mark level of paint on outside of cups
3. Add Floetrol, approx. 2-3 parts Floetrol per paint—**GRADUALLY ADD IN!** and mix carefully with craft sticks by pushing against wall of cup to avoid bubbles
4. Add 10% Floetrol water GRADUALLY to point of being runny
5. Add 2-3 drops of Rubbing Alcohol
6. **ADD 1 tsp of GAC 800 (optional)**
7. **Optional—to make Cells—Decide “Silicone” or Hair Serum—Add 2-3 drops. NOTE: Do not add to White until Rock and Canvas Covered! Mix each color carefully.**
8. **Cover Rock and Canvas with the Plain White Mix and spread evenly with scraper/or spatula.**
9. **Add silicone/or serum to White mixture if desired.**

Rocks: **Note source of Tutorial** : www.acraftycomposition.com

Rock Art Pour—

1. Clean Rock well and allow to dry
2. Layer paints carefully in appropriate sized cup for canvas. **IMPORTANT: do this carefully as not to mix colors prematurely!**
3. Make small X with Kebab stick (wipe stick after)—**TWO** swipes only! Let Stand for 3-5 minutes
4. Put rock on top of cup or cap inside the small tray
5. Invert or pour paint over the rock
6. Maneuver Paint:
 1. Angle/Gravity
 2. Straw
 3. Stick
 4. Pour more paint—from mixing cup or mixture cup
 5. Carefully put aside to Let Dry
7. After several minutes, check for drips and check every 5-10 minutes until no further drips occur.

NOTICE:

- How many cells formed—? add more silicone
- How did the paint flow—? needs to be runnier or less runny
- How did the colors mix—? Was there
 - too much of one color,
 - not enough of another,
 - Colors get muddy?

Canvas Acrylic Pour:

1. Make sure canvas on support cups in middle of large trays with freezer paper— [Check if level and adjust if necessary](#)
2. **CAREFULLY LAYER** selected colors in mixing cup
3. Put X with Kebab Stick. Let sit for several minutes
2. Either POUR paint from cup directly onto canvas, or INVERT mixing cup onto flat scraper/spatula and slide to middle of canvas carefully
3. **WAIT 5 MINUTES**
4. Carefully lift cup and manipulate paint on canvas surface as desired
5. Check for drips and remove with kebab stick or end of paintbrush. Keep checking every 5-10 minutes until no further drips form.
6. Place in CLEAN, UNDISTURBED AREA TO DRY for Approx. 2-3 days

Remember: use any unused mixed paint to complete another rock, or simply pour onto clean freezer paper and allow to dry. The dried Acrylic Pour film can be used to make jewelry, or other art!

VARNISH in 1 week: one to two coats

Rocks Varnish with Rustoleum Clear Gloss

Canvases: Varnish with Soluvar Gloss or Matt (or mix)

Reference for Acrylic Pour Rock Art: www.acraftycomposition.com

For more information and YouTube videos on Acrylic Pour check out these artists:

Emma Lindstrom

Gina Deluca